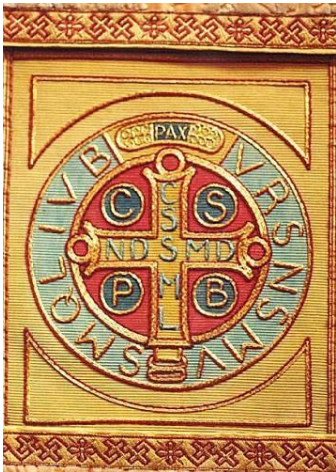


P A X

The Medal of Saint Benedict



Among the many means which Holy Church uses to assist the dying, the Medal-Cross of Saint Benedict is included.

Saint Benedict, with hands lifted up to Heaven, died standing at the foot of the altar at which he had just received the Body and Blood of Jesus, and he thus united his death with that of

Jesus on Calvary, of which the Eucharist is the memorial: The medal of Saint Benedict reminds us therefore of his glorious passing. Besides, this saint is invoked as patron of a good death. In an apparition to Saint Gertrude, he said to her: "Whoever will remind me of the dignity with which the Lord honored me by granting me such a glorious death I will faithfully assist him at the hour of death, and I will oppose all the attacks which the enemy makes against him. Under the protection of my presence, he will be secure in spite of the traps of the tempter, and he will leap blessedly toward eternal joy." (Herald of Divine. Love: B.2, ch. 9).

One of the inscriptions on the medal of Saint Benedict expresses this wish which is a prayer: "EIUS IN OBITU NOSTRO PRAESENTIA MUNNIAMUR," *"May we be protected by his presence at the hour of our death!"*

On the other side of the medal can be found several letters. In the four corners of the cross one can read: CSPB, (CRUX SANCTI PATRIS BENEDICTI) which means *"The Cross of the Holy Father Benedict"* The letters on the cross read CSSML (CRUX SACRA SIT MIHI LUX) which means: *"May the Holy Cross be my light"* and NDSMD (NON DRACO SIT MIHI DUX) which means: *"May the devil never be my leader"*.

On the circle around the cross can be read: PAX, the Latin word for "Peace" which is the Benedictine motto; VRS NSMV SMQL IVB (VADE RETRO SATANA, NON SUADE MBE VANA, SUNT MALA QUAE LIBAS, IPSE VENENA BIBAS) *"Get behind me, Satan, do not persuade me to do vain things; what you offer is evil, drink your own poison"*.

The medal of Saint Benedict is not a talisman, but when used with faith and prayer it is a powerful means of warding off the enemy of our salvation, the devil, and of obtaining from the Good Lord the all-important grace of a holy and happy death.

***Celebrate the Mass of St. Benedict
At Salesian Summerfest,
Friday July 26th at 7:30 pm***



Salesian Family Spirit

An impressive group of people from our Salesian parishes in Surrey, Toronto and Montreal were present at the ordination of Frs. Jim Zettel and Miguel Suarez on June 29. The strong sense of Salesian family from across the country and from all age groups was a beautiful part of our experience. Thanks to one and all who attended.

Benefit Garage Sale

*Lots of Furniture, Dressers, Tables, Chairs,
End tables, Mirrors, Clothes, Living House Plants
...and everything under the sun!*

Saturday July 20

9 am – 5 pm

7A Kingsview Blvd

(1 block North of Dixon Rd. between Islington & Kipling)

All proceeds benefit our Capital Campaign



St. Bernadette's Presents "Restless Hearts"
A film about the Life of St. Augustine

Thursday July 18th

Exposition of Saints 6:30 pm

Restless Hearts Movie Show Time 7:30 pm

**Don Bosco Catholic Secondary School
2 St. Andrew Blvd.**

*Movie Tickets \$10, available at
St. Benedict parish office during office hours*

Alberta – Flood Relief

Floods in Calgary and the surrounding area have resulted in tragic deaths and the displacement of more than 100,000 people, who had to evacuate their homes and businesses. Thousands remain in shelters, while others have just started returning to assess the damages.

We have been in touch with the chancery staff of the Catholic Diocese of Calgary – the Calgary chancery remains closed as a result of the flooding, however, they are now able to accept contributions to the diocesan relief efforts in Alberta. Calgary Bishop Frederick Henry has indicated his intent to use any charitable contributions to support victims in the areas who need it most. On Tuesday (July 2) when power is restored and normal operations can resume at the Calgary chancery, Bishop Henry will convene a committee to assess the needs of the greater community and establish further priorities.

Those wishing to help may do so in the following ways:

- Online through the Archdiocese of Toronto website:
www.archtoronto.org
- By phone through the Development office – 416-934-3411
- Through the parish, making cheques payable to:
- **St. Benedict Parish – Alberta – Flood Relief**

We offer our prayers for the victims of the floods, those who have died and those who will struggle in the coming months to rebuild their lives and their communities. Thank you for your ongoing efforts to serve those in need in Alberta.

Tour of Historic St. Michael's Cemetery Saturday July 27 @ 2 pm

Entrance just south of St. Clair on west side of Yonge
Hidden behind the storefronts of Yonge Street and St. Clair Avenue, lies the “quiet gentle surprise” that is St. Michael's Cemetery. Join us as we take a step back in time to the infancy of our city and archdiocese as we tour this historic cemetery. We will meet at the front cemetery gates. Visit the graves of some of the Catholic faithful that shaped our Church and our city for the last century.
For more information and to RSVP please contact Amy Profenna at 416-733-8544 ext. 2031 or email aprofenna@ccat.on.ca

MASS INTENTIONS

Monday, July 15

8:00am Jerry Kelly by Cathy McKenna

Tuesday, July 16

7:30pm Carmela Zuccaro & Domenico Simone
by Simone family

Wednesday, July 17

8:00am For the members of the St. Benedict Parish with
gratitude by Debra & Paul Ferguson

Thursday, July 18

8:00am Ercole Petrecca by wife & family

Friday, July 19

8:00am Living Intention for the Im Family
by Denise & Andrew
11:00pm SummerDaze Camp Mass

Saturday, July 20

8:00am Tom Popit by family
5:00pm Clarence Halge by Jackie Halge

Sunday, July 21

8:00am Max Haunn by Jean & family
9:30am Pasquale & Anna Lopreato by Nano family
9:30am For the People
11:00am Peter Wilson by Pat & Doug Tarsay

PILGRIMAGE TO UTICA STS. COSMAS & DAMIAN

Depart **Saturday, September 28, 2013** from
St. Andrew, 2547 Kipling Avenue
Return **Sunday September 29, 2013**
Includes Bus Transportation, Hotel & Breakfast

\$260.00 per person, single occupancy
\$200.00 per person, double occupancy
\$185.00 per person, three in a room
\$175.00 per person, four in a room

For more information, contact
Ms. Olga Di Pietro at 416-743-3841



Blessings on your Marriage
As a parish community,
we keep in prayer

Manny Odishou & Tania Palmieri
who will be married on July 20, 2013

God grant them happiness, good health and a long life together.

LAST WEEK'S COLLECTION

SUNDAY OFFERING **\$6,987** AVERAGE ENV DONATION **\$14.17**

Thank you for your ongoing generous support!

COME AND CELEBRATE WITH US

Queen of Apostles is celebrating
50 YEARS of serving the Church, the
Archdiocese and the Community.
Come reminisce with us.

OPEN HOUSE,
Saturday, August 10th
11:00 am to 4:00 pm

Official segment takes place at 2:00pm.
Canapés & refreshments available all day.