

## Vocation Seeds

If you need examples of persons responding to God's call, look at Abraham and Sarah - called in old age to leave their country and have a child. Then Abraham was asked to sacrifice that child. What faith! Answering God's call to be a priest, brother, sister or deacon is also taking a great risk.

If you think God is calling you to a Church vocation, contact Fr. Hansoo 416-968-0997, [vocations@vocations.ca](mailto:vocations@vocations.ca) or [www.vocationstoronto.ca](http://www.vocationstoronto.ca)

## Thinking about the call... Salesian Come and See

for young men discerning ~ Ages 16-35

Friday March 9 to  
Sunday March 11

*Do you want to do a good thing, a very good thing, the best thing? Educate the young. St. John Bosco*

Consolata Missionaries Center

Contact: Bernie Dubé SDB  
416-249-4574 or 416-262-4281  
dube4971@gmail.com

## Marguerite Bourgeoys Family Centre

Do you suffer from PMS, migraines, infertility, repeat miscarriage? Learn more by attending one of our introductory sessions through the Marguerite Bourgeoys Family Centre:

Monday March 5 ~ 6:45 pm  
688 Coxwell Avenue, Suite 100, Toronto  
416-465-2868

## THANK YOU FOR YOUR SUPPORT!

St. Dominic Savio Squire Circle THANKS all who bought tickets and came to our 4<sup>TH</sup> ANNUAL PANCAKE SUPPER last Tuesday. Thanks also to all the Knights of Columbus who helped cook the dinner and clean. It was a success!



## Fasting and Abstinence



Ash Wednesday and Good Friday are universal days of fast and abstinence. Catholics still consider Fridays throughout Lent as days of abstinence. Anyone over the age of 18 and under 18 or age of 59 are obliged to fast and abstain.

**Fasting**, in the Latin Church, is the limitation of food and drink – typically to one main meal. It does allow one to take some food in the morning and evening in order to maintain strength. **Abstaining**, in this context, is the refraining from certain kinds of food or drink, typically meat. In lieu of fasting, one may substitute works of charity.

### 10 Tips for Making Lent More Meaningful

**Slow Down:** Set aside 10 minutes a day for silent prayer or meditation. It will revitalize your body and your spirit.

**Read a Good Book:** You could choose the life of a saint, a spiritual how-to, an inspirational book or one of the pope's new books.

**Be Kind:** Go out of your way to do something thoughtful for someone else every day.

**Get Involved:** Attend a Lenten lecture or sign up for 40 Days for Life.

**Volunteer at your Parish:** Ask about how you might offer your gifts and talents at the service of your parish community.

**Reach Out:** Invite an inactive Catholic to come with you to Mass or reconciliation service.

**Pray:** Especially for people you don't like and for people who don't like you.

**Tune Out:** Turn off the television and spend quality time talking with family members or friends.

**Clean out Closets:** Donate gently used items to the poor.

**Donate:** Google **ShareLife.org** or a charitable organization of your choice and decide how you can help others by sending money, clothing or supplies.

## What Almsgiving Really Means

Giving alms has always been an important part of Lent. For many people, it means giving money to Catholic charities or some other good cause. But the concept of almsgiving goes much deeper. It is our response to the teachings of Jesus that encourage us to reach out people in need, not just with our money, but with our time and our talents.

Lent gives us the opportunity to cultivate a spirit of generosity. It gives us a chance to share what we have and who we are with other people. It puts us in communion with others and helps us understand that we are all members of the Body of Christ. How am I sharing my time, talents and treasure this Lent? Remember, "It is more blessed to give than to receive" (Acts 20:35).

**1<sup>ST</sup> SHARELIFE SUNDAY – MARCH 25<sup>TH</sup>**  
**Together we can work WONDERS!**



**WORKING WONDERS FOR THE ELDERLY...**

Ever since he had difficulty living on his own and moved into the Houses of Providence 18 months ago, Basil has come to think of this as his home. His eyes light up when he shows staff and visitors the photos of his sons and grandchildren. And he can't say enough about the quality of the meals, the entertainment, and the spiritual care. Basil appreciates the opportunity to observe religious celebrations during Christmas and Easter, and attending the daily Mass at the chapel. "The people here are wonderful," he says. "They care about you, and for you. It's all good – very good....even if I won the \$50 million lottery, I'd still stay here if I could." **More than 40,000 seniors in the GTA were involved in the programs and services offered by ShareLife agencies last year.**

**For those parishioners not registered with the parish, there will be ShareLife envelopes in the pews on the weekends prior to the scheduled collection dates. Post-dated cheques are welcome.**

**Our target this year is \$68,000.**  
**Will you answer the call to give?**

**CATHOLIC FAMILY SERVICES, ARCHDIOCESE OF TORONTO**

**NEW BEGINNINGS: FOR THOSE WHO HAVE LOST A LOVED ONE THROUGH DEATH, SEPARATION OR DIVORCE.**

Come and join us for an informative evening with Dr. Jim Leonidas Ph.D. C. Psych. Dr. Jim is in private practice and has over 30 years experience in helping people grow to their full potential. The topic is **"Steps in A Direction Towards Our Wholeness and Completeness."** The presentation will take place **Tuesday March 6<sup>th</sup> from 8:00 p.m. to 9:30 p.m.** Location **Saint Bonaventure's Church Hall**, 1300 Leslie Street, (west side of Leslie, south of Lawrence). No registration required. Enquiries: Deacon James 416-921-1163 ext. 2227 or email [jshaughn@cfstoronto.com](mailto:jshaughn@cfstoronto.com)

**SUPPORT FOR RECENTLY SEPARATED OR DIVORCED CATHOLICS**

10-week group program for adult men & women who are dealing with the many struggles involved in the process of separation and divorce. Participants will receive support and guidance as they move through this difficult period of transition. The group runs on **Thursday evenings from 6:30 to 8:30pm** beginning **APRIL 12<sup>th</sup>** at our Central Office, 1155 Yonge Street (Summerhill Subway Station). For more information, contact Ian Singer 416-921-1163.

**REMINDER:** Squire Business and Investiture MEETING this Sunday, March 4<sup>th</sup> beginning **SHARPLY AT 7:00PM.**



**ST. PATRICK'S DAY DINNER DANCE**  
**SATURDAY MARCH 17<sup>th</sup> ~ COST \$25.00**

The Knights of Columbus will be selling tickets next weekend MARCH 10&11. The event will begin at 6:15pm with dinner to be served at 7:00pm. The meal includes, corned beef, cabbage, potatoes, dessert, tea and coffee. Cash Bar and Irish Coffee available. The event is being held in memory of LEO MCKENNA and proceeds will go towards our support of seminarians. Tickets will be available after all of the masses or by calling Wolf Hartmann at 416-745-7983 or Ray Gallant at 416-748-3344.

**LAST WEEK'S COLLECTION CAPITAL FUND TARGET: \$760,000**

SUNDAY OFFERING	\$10,811	SECOND COLLECTION	\$604.00
Average Env. Donation	\$15.26	TOTAL	\$354,821.49

**Thank you for your ongoing generous support!**

**MASS INTENTIONS**

**Monday, March 5**

8:00am Roman Popit by Mother  
 7:30pm Memorial Mass ~Tony Miceli

**Tuesday, March 6**

10:30am Mass at Kipling Acres  
 7:30pm Daughters of Mary both living & deceased members & CWL by Daughters of Mary  
 -Carmela & Serafino Di Marco by Vic Di Marco  
 -Mercedes Ruiz by Castillo family,  
 -Nicola & Pasqua D'Andrea by D'Andrea family  
 -Luciano Maresca By Anna  
 -Annina Cappellano by Colantonio family  
 -Maria Borg by Gina & Pasquale Perta  
 -Frances Chetcuti by family  
 -Living Intention for Joanne & Baby by Gaglia family  
 -Piera Siracusa family members by Piera

**Wednesday, March 7**

8:00am Domenica Marchini by Anna Molinari

**Thursday, March 8**

8:00am Ermida Damele by Vesca family

**Friday, March 9**

8:00am Maria Borg by Joe  
 7:30pm Stations of the Cross

**Saturday, March 10**

8:00am Living Intention ~ Gordon family by Celia Gordon  
 5:00pm Leo Marineau by Gertrude

**Sunday, March 11**

8:00am Antonio Galati by family  
 9:30am Valerio Sassi by Valerio & Bianca Sassi  
 9:30am For the People  
 11:00am Armido De Liberali & family by Dal Bello family  
 12:45pm Michelina Mifsud by Joe Mifsud & family

**DAUGHTERS OF MARY ~** The next meeting will be held on Tuesday evening 6 March. Please note: There will be **no meeting in April or May.** There will be a meeting in June.

**Queen of Apostles Renewal Centre Mississauga**

**WOMEN'S LENTEN RETREAT WEEKEND**  
**March 23 - 25**

Facilitated by the Centre team. God can and does touch and heals hearts through presentations, private reflection and prayer, sharing, reconciliation and Eucharist.

**WOMEN'S "ACTS" RETREAT**  
**May 31-June 3**

A new and exciting retreat experience helping us to grow in personal relationship with Jesus Christ. Facilitated by women who have made the ACTS retreat. A-Adoration; C-Community; T-Theology; S-Service.

For reservation/information call 905-278-5229.

**Signore, insegnaci a pregare!** (Lc 11,1)

**Domenica 11 marzo**

**Ritiro quaresimale in lingua italiana**  
**a St. Benedict Church**  
**con don Francesco Armenti**

**9:30am** Messa  
**3:00pm – 6:00pm** Pregoiera