



Living Lent... Raising the Bar

For those still looking for some tangible ways to "live" Lent, here's are some ways in no particular order that you can be more engaged in the spiritual journey that is underway. To put it mildly, it's a whole lot more than giving up chocolate and chips. Let's the raise the bar this Lent!

1. A more intentional prayer life - consider morning, mid-day and evening prayer.
2. Read a good book on spirituality, one that will enrich your spiritual journey (Pope Benedict's Jesus of Nazareth Volume 2 came out on March 10 if you're looking for ideas).
3. Make a prayer basket at home - slips of paper or construction paper hearts (invite kids to participate) writing names or intentions that each person around the table picks out before each meal.
4. Attend weekday mass.
5. Say the rosary - even better if you don't mind bringing out your beads in public - on the bus, coffee shop or anywhere else people gather.
6. Make a point of experiencing the sacrament of reconciliation at the beginning and end of Lent at minimum.
7. Tell someone you're praying for them.
8. Don't tell someone you're praying for them and pray for them.
9. Give up meat on Fridays but don't substitute lobster - make fasting something that is truly sacrificial.
10. Keep track of your television and online habits - devote at least as much time to prayer or service.
11. Rumors, gossip, negative chatter that devalues others ends at your doorstep.
12. Begin and end each week with an email thanking someone for all that they do.
13. Be sure to say grace at any restaurant you frequent (don't dodge making the Sign of the Cross either)
14. Buy a coffee for someone living on the street but not until you learn their name and something about them.
15. Pray before the Blessed Sacrament.
16. Reconcile with someone you've hurt or aren't speaking to.
17. Invite someone who's been away from the church to attend mass with you.
18. Write a letter to a political leader on an issue you're passionate about.
19. Donate to charity - make a sacrificial gift not what's "left over" (remember the [ShareLife](#) campaign is underway).
20. Attend a lecture or public discussion centred on faith issues.

Stations of the Cross

Led by Families

Friday March 25

7:30 pm in church

SUMMERDAZE 2011 REGISTRATION



The snow is finally melting
and you know what that means....

SummerDaze is just around the corner!

We have another amazing summer planned and would like to extend to you a warm invitation to join us this summer! Registration Night for campers will be held on **Friday April 15, 2011**. Doors open at **6:30pm**.

Registration forms will be made available starting **March 29** in the church office or online at www.summerdazedaycamp.com

Hope to see you this summer! - 2011 Camp Staff

40 DAYS FOR LIFE

As a parish, St Benedict has committed to keep vigil outside the abortion facility

Saturday April 16

8:00am to 8:00pm

**960 Lawrence W
(Lawrence & Dufferin)**

Parishioners are urged to sign up for an hour during this time period. As a community we need to band together, pray together, and witness together. There is strength in unity. We need to stand up for the truth and **defend life**.

For further information contact
Lina.Vanin@sympatico.ca
or **416-743-6219**

Great news! Last Lent, we had at least 30 women change their minds and choose life.

That's up from the previous year at the Dufferin/Lawrence location!

And those are only the ones we KNOW of!

God is so good! Please strongly consider giving as much time as you can during this season of Lent.

1st ShareLife Sunday – April 3, 2011

WORKING WONDERS FOR THE ELDERLY... Gerard Brisebois, was in his mid-70's when he came to Les Centres d'Accueil Heritage. Abandoned by family, he was living in a downtown shelter - frail, friendless and isolated. At Les Centres, Gerard found a wonderful, nurturing home and a warm, supportive family. When he passed away last year, the man who seemed alone and friendless, brought out a tearful crowd to his farewell mass. **Nearly 55,000 seniors in the GTA were involved in the programs and services offered by ShareLife agencies in 2009.**

Japan Earthquake/Tsunami Relief As you are most aware, Japan was struck on March 11 by one of the largest earthquakes to ever hit the country, followed by a massive tsunami that devastated coastal regions of the country. At present, approximately 3,500 people are reported dead with thousands more missing.

Those wishing to help through a financial contribution may do so in the following ways:

- Online through ShareLife's website: www.sharelife.org
- By phone through the ShareLife office – 1-800-263-2595/416-934-3411
- Through the parish, making cheques payable to:
ShareLife – St Benedict Parish – Earthquake – Japan

We offer our prayers for the millions of people in Japan affected by this disaster, those who have died and those who will persevere and rebuild their homes and lives. Thank you for your ongoing efforts to serve those in need, both here at home and around the world. **PLEASE NOTE THAT THIS REQUEST FOR FINANCIAL SUPPORT IS NOT PART OF THIS YEAR SHARELIFE CAMPAIGN.**

THANK YOU FROM THE ST. DOMINIC SAVIO SQUIRE CIRCLE for your support in our Third Annual Pancake Supper on March 8th. It was a huge success! We want to CONGRATULATE Alexandra Pargi Pontigon who won the 50/50 draw . A big Thank you to ALL who came and enjoyed the pancake supper. Thanks to the Knights of Columbus for cooking the food and especially to Squires, and Counselors who helped with the serving and cleaning. Great Job!

DONATION RECEIPTS - YEAR 2010

Receipts are available and may be obtained by dropping a stamped self-addressed envelope in the collection basket or by stopping in at the parish office during office hours.

FREE ESTATE PLANNING SEMINAR

Saturday March 26th at 9:00am

Catholic Cemeteries and the Archdiocese estate planning team will share:

- How to protect your loved ones with a proper Will
- How to ensure your wishes are legally protected
- About Powers of Attorney
- The cost savings of making an estate plan
- Finding lawyers and estate planning advisors
- Our Catholic traditions around wills, burial and funerals

An estate planning kit and DVD will be provided at no cost.

Location: Assumption Cemetery Centre (6933 Tomken Rd. Mississauga)
Refreshments will be provided.

RSVP: Frank Jannetta, Catholic Cemeteries
416.733-8544 ext. 237 or fjannetta@ccat.on.ca
Paul Nazareth, Archdiocese Development Office
416.934-3400 ext 561 or pnazareth@archtoronto.org

LAST WEEK'S COLLECTION CAPITAL FUND TARGET: \$760,000

SUNDAY OFFERING \$12,244 **SECOND COLLECTION** \$243,771.07
Average Env. Donation \$ 20.61 as of March 13th \$ 622.00

Thank you for your ongoing generous support!

MASS INTENTIONS

Monday, March 21

8:00am Norman Grittani by McKenna family
7:30pm John Lynch by Winnifred Lynch

Tuesday, March 22

7:30pm Onorina Fantin by St. Benedict Pastoral Team

Wednesday, March 23

8:00am Salvatore Varano by Bruno & Tina Gerardi
7:30pm Juana Regencia by Eufrocina Mente

Thursday, March 24

8:00am Leo McKenna by Betty Jamieson
7:30pm Domenico Caruso by St. Benedict Pastoral Team

Friday, March 25

8:00am John Clune by Cathy McKenna
7:30pm Stations of the Cross

Saturday, March 26

8:00am Giovanni De Santis by Anna & family
5:00pm George Moore by family

Sunday, March 27

8:00am Maria Bucci by Cascioli family
9:30am Marianna Pascolo by family
9:30am For the People
11:00am Tomislav Tomljenovic by Natalia & family
12:45am Gayle Payne by Eva Kinisky & family



PLEASE PRAY FOR THE DEAD, ESPECIALLY:

Alejandro Ruiz, Adolf Heckner, Joseph Zagar,
William Wheeler, Giovanni Trevisiol & Mladen Naglic

The **Men's Spirituality Group** will meet in the Parish Hall after the evening Mass on Tuesday, February 22. All men are invited for a period of prayer and reflection on how the Lord's message can be applied in our lives as husbands, fathers, grandfathers, uncles, big brothers... in this world today. We can change the world by bringing change to the family one step at a time. New members are always welcome. We hope to see you there.

IMPORTANT ALTAR SERVERS – NEW & OLD!

For anyone interested in becoming an altar server, there will be three consecutive days of practices: March 29, 30, & 31 from 3:30 to 4:30 pm in the Church.

A PARENT OR GUARDIAN SHOULD BE PRESENT.

Altar Servers Meeting Saturday March 26th

Core Meeting from 1:00pm to 2:00pm

General Meeting starting 2:00 pm in Church Hall

Holy Name of Mary College School, a university preparatory private Catholic school for girls (Gr. 5-12) is having an Open House on April 9th, from 10am – 2pm. Talk to current students, faculty members, school administrators and parents and get a sense of student life at HNMCS. For more information please visit www.InspireYourDaughter.com or call 905-891-1890.